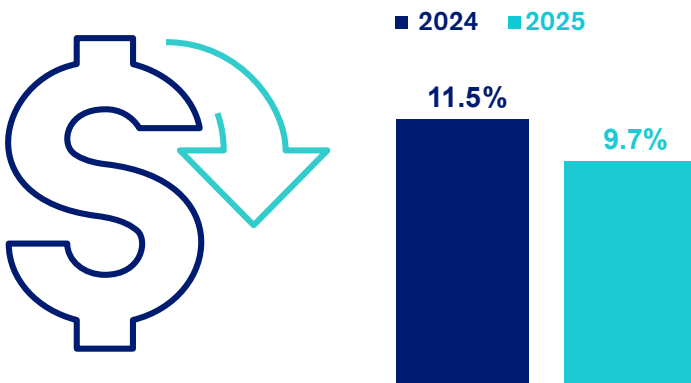


Rate of Increase in Medical Stop-Loss Premiums Slows but Is Still Close to 10%

As the number and value of high-amount healthcare claims continues to grow, stop-loss coverage provides important asset protection and cost predictability, particularly for self-funded plans, smaller groups and groups with modest cash reserves.

This infographic presents key observations about stop-loss coverage from Segal's 2025 national medical stop-loss dataset, which includes more than 220 plans.

Average premium increases in the 2025 dataset are **high** but are lower than the increases in the 2024 data.*



* These increases are for groups that maintained similar specific stop-loss benefit levels as the prior year. Among all groups, including those that increased specific stop-loss deductible levels and/or aggregating specific stop-loss deductibles resulting in an overall reduced rate action, the average premium increase was 9.4% in 2024 and is 7.3% in 2025.

97%

of plans **purchased broad coverage** that includes both medical and prescription drug claims.

(up from 95% in the 2024 dataset)



Gene therapy coverage is present in **roughly half** of the specific stop-loss policies in the stop-loss database.



A growing number of conditions can **exceed \$1 million** in annual treatment costs, particularly hemophilia A and B, according to SHAPE, Segal's medical claims data warehouse.

Some therapies cost over **\$3.5 million**, including Hemgenix® and Lenmeldy®, as noted in the [American Journal of Health-System Pharmacy](#).

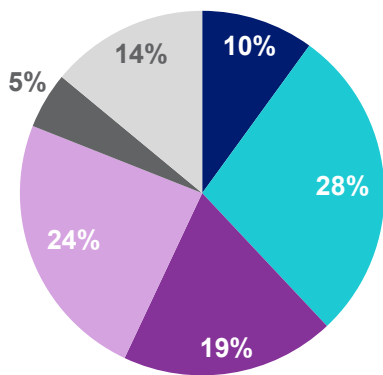


High-cost claimants with \$250,000+ paid annual claims account for less than 0.3% of all claimants but **15% of total medical plan claim expenses**, based on data from SHAPE.

Important privacy reminder: When handling data for stop-loss procurement, be sure to remove identifiers from individual claimant data, such as name, address and age, and restrict access to only those who need to know the information.

Specific **stop-loss deductibles** continue to vary widely, from \$60,000 to \$2 million.

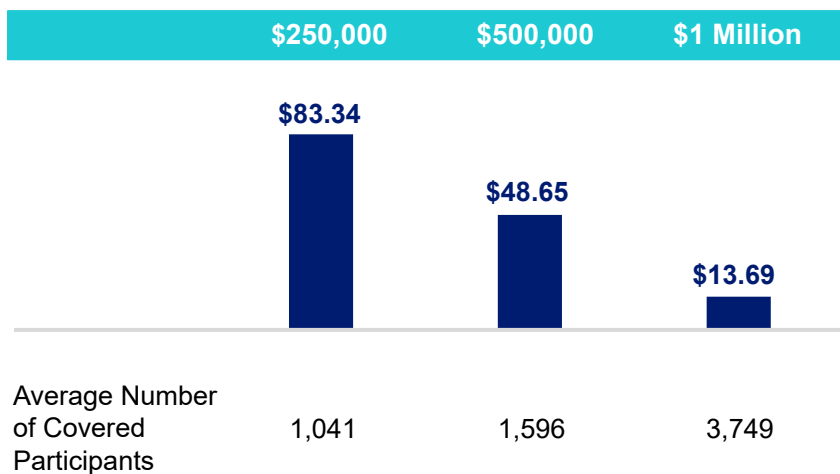
■ <\$200,000 ■ \$200,000–\$299,000 ■ \$300,000–\$399,000 ■ \$400,000–\$699,000 ■ \$700,000–\$999,000 ■ \$1 Million–\$2 Million



\$250,000 is still the most common deductible, which 9% of these plans have.

The **median deductible** is **\$325,000**.

Typically, median monthly per-participant **premiums** are higher at lower specific stop-loss deductibles.



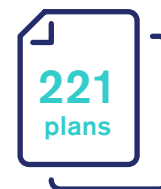
The data above excludes plans that have an aggregating specific deductible.

Factors that affect a plan's premium and premium increases:

- Demographics
- Market conditions
- Claims history
- Health plan coverage levels
- Regional differences
- Presence of case management

About the 2025 Dataset

Segal has maintained a national medical stop-loss database since the ACA eliminated annual and lifetime dollar limits on essential health benefits.



221
plans



2,300
covered participants
per group on average



Range of policy year
effective dates:
**February 2024
to January 2025**

The rapid rate of change in newly approved medical technology and procedures requires a close inspection of the coverage language offered by each stop-loss insurer. Segal subject matter experts carefully review stop-loss contract provisions to make sure policy language aligns with a plan's coverage needs, so sponsors can secure coverage that meets their expectations.

To discuss the adequacy and competitiveness of your plan's stop-loss coverage compared to plans in Segal's 2025 dataset, contact your Segal consultant or Michael S. Tesoriero at 212.251.5280 or mtesoriero@segalco.com.

This infographic is for informational purposes only and does not constitute legal, tax or investment advice. You are encouraged to discuss the issues raised here with your legal, tax and other advisors before determining how the issues apply to your specific situations.